

Summer Rural Externship (SRE)

Curriculum

The Summer Rural Externship is a **three-week rotation** designed to reinforce student interest in rural practice and to prepare the student for their rural clerkships. The clerkship is comprised of a clinical office experience in a small community, community service and interdisciplinary shadowing.

This course is by **Permission Only** and is limited to 20 students per summer. Each student is required to fill out an application including requests for dates and places/preceptors (if known), and a one page essay of why they wish to participate.

Syllabus

CLME 8112.001

1. General Description

- A. **Course Title:** Summer Rural Externship
Course Length: Three Weeks (120 hours)
Course Format: Rural Community Clinical Experience with Community Service and Interdisciplinary Experience
- B. **Student Level:** 1st -2nd Year Osteopathic Medical Students
Course Coordinator: William Pettit, D.O.
Program Coordinator:
AHEC Coordinator, Morgan Farquharson
Phone: 918-584-4609 fax: 918-584-4396
Email: morganf@okstate.edu
Student will be referred to local site coordinators.
- C. The Summer Rural Externship is a **three-week elective** designed to reinforce student interest in rural practice and to prepare the students for their rural clerkships. The clerkship is comprised of clinical office experience in a small community, community service and interdisciplinary shadowing.
- D. The clinical experience occurs in a family physician's office in a rural community. As an integral portion of this program, these clinical experiences may also include such out-of-office experiences such as:
 1. hospital staff and committee meetings
 2. house calls
 3. hospital emergency room calls
 4. community and public health functions
 5. fraternal and social functions
- E. Community Service includes participating in a community activity that benefits the health of that community.
- F. All students participate in two 2 hour interdisciplinary experiences.

2. Student Responsibilities

- A. **Pre-Arrival**

1. Students are required to contact their assigned preceptor at least 1 week prior to the beginning of the rotation to coordinate the daily schedule and other pertinent aspects of the rotation.
2. All students must wear College approved identification and a clean, pressed white clinical jacket. Dress business casual unless directed otherwise by their preceptor.
3. Students are required to bring identification passwords for library resources (i.e. MD Consult), and current references for Family Medicine, Internal Medicine and Obstetrics/Gynecology.
4. Students will attend two orientations: One with the OKAHEC program office and another with the local AHEC coordinator before the rotation begins.

B. During the Clerkship

First Week of Rotation the student:

1. Meets with their preceptor for an office orientation.
2. Should be prepared to discuss their clinical strengths and weakness relative to the rotation objectives.

During the Rotation the student:

1. Completes all requirements and rotation objectives.
2. Participates in a community activity such as a health careers exploration project, health fair, fund raising for health related issues, free clinic, health department activity, etc
3. Participates in two (at least two hours each) interdisciplinary shadowing experiences. Students spend time with health care professionals other than physicians in order to gain a better understanding of the role of those disciplines in the care of patients and gain experience in working with other disciplines.
4. Writes a 6 to 10 page double spaced report of their experience (paper requirements are included in course descriptions and expectations)
5. Meets with their preceptor at the end of the rotation to review their performance. The student is responsible for scheduling this meeting.

End of Rotation the student:

1. Completes the site evaluation and submits it to the AHEC Clinical Coordinator,
2. Completes all required paperwork which is **due within 7 days** of the end of the rotation.
3. Once all requirements and paperwork is turned in, the student will complete the claim form or file for travel reimbursement to receive **up to \$750**. If requirements, paper work and forms are not received within 7 days of the end of the rotation, the student's reimbursement will be delayed.

3. Clerkship Calendar

The specific scheduling of days and hours shall be made by the preceptor, with approval by the OSU-COM Course Coordinator, and shall generally conform to the following:

- A. **Working Day:** A typical working day is considered to be 10 hours in length; however, there may be instances when the working period may exceed 10 hours especially when accompanying the physician on "out of office" professional duties.
- B. **Holidays:** Students receive one day off for the Memorial Day holiday and one day off for the Independence Day holiday. Students are to request approval for specific days off other than Memorial Day and Independence Day from their preceptor.
- C. **Attendance:** One hundred percent (100%) attendance is required on all clinical rotations.

4. Student Performance Evaluation Procedures

- A. The student's overall performance (grade) is weighed using the following criteria:
 - 1. 15% = Attendance and living in community
 - 2. 50% = Student Performance Evaluation of Clerkship by Physician
 - 3. 10% = Interdisciplinary observations
 - 4. 10% = Community project
 - 5. 15% = End of experience essay
- B. Each course requirement **must** be passed with a required 80 percent to pass this course. A Pass or Fail will be assigned according to [procedures outlined in the student handbook](#).
- C. **Attendance:** 15 weekdays in a rural community is required. Students are required to live in the rural community unless special permission is granted. Students are encouraged to stay in the community over week-ends in order to gain a complete appreciation of rural community life. More than one day off (holiday or emergency) may require make-up time. If an absence is unavoidable the student must contact the supervising preceptor and Morgan Farquharson.

5. Rotation Objectives

Subject/Method	Learning Objectives	Resources/Assignments
Clerkship Shadow a rural physician	Apply observational and clinical skills in the office of a rural primary care physician	AHEC staff will assist in finding and contacting preceptor and housing Spend 120 hours (3 weeks) shadowing the selected physician.
Observe 2 different health professionals	Describe the role of health professionals in the health and viability of the community and demonstrate an understanding and appreciation of rural healthcare professionals	AHEC staff will assist in finding other professions to observe – 2 hour each Discuss the roles of the healthcare professionals in the health and viability of the community and use examples in your final essay.
Community Project and Article for Publication	Describe how this experience could influence the decision to practice in a rural setting.	AHEC staff will assist in identifying community project and assist with contacts. Write about the experience in a narrative format suitable for publication.
Experience Essay and Thank You Notes	Develop an understanding and appreciation of the total rural observational experience. Discuss how this experience impacts the understanding of primary care and rural medicine/practice.	In a 6 page minimum discussion of above assignments, identify beliefs of rural practice that may have changed due to the experience. Include perceptions prior to this rotation, experiences that influenced, and make a statement of where they are now in that decision making process.