

# The OSU Family Physician

Volume 3, Number 2

Oklahoma State University College of Osteopathic Medicine

Fall/Winter, 2000

...a newsletter published by the Department of Family Medicine for clinicians, teachers, and researchers in family medicine

## SPOTLIGHT ON...

### Department of Family Medicine Receives Grant

Mary Williams,  
Clinical Training Coordinator,  
Division of Rural Health

The Department of Family Medicine recently received a three-year, \$825,000 grant from the federal Department of Health and Human Services Health Resources Service Administration (HRSA) to develop a Division of Rural Health. Department of Family Medicine Chairman, Charles Henley, D. O., will serve as Project Director, and Ray Stowers, D. O., will head the new division.

The new Division of Rural Health will spotlight important local and national issues such as physician recruitment and retention in rural areas. The grant will enable the new Division to expand and improve the current Family Medicine curriculum, implement innovative faculty development programs, support the evaluation of such programs, and conduct research throughout Oklahoma. In addition, the Division will improve the delivery and content of distance learning and access to medical information for students and preceptors in rural areas, and will develop new and specialized electives in rural areas. Dr. Stowers says "this grant will definitely enhance the quality of education for our students in rural areas and will provide much needed support to rural preceptors who contributed so much time and effort to the education of our students."



Medical Students receive guidance and mentoring from faculty doctors in rural areas throughout the state.

The creation of the new Division partners the Department of Family Medicine with the Oklahoma Area Health Education Center Program (OkAHEC), a move that will facilitate improved implementation of clinical rotations in rural and under-served areas. In addition, the division will work with OkAHEC to implement health policy and other research focusing on rural areas.

Ultimately, the Division of Rural Health will support a cohesive educational system with a strong, common core curriculum, standardized teaching and evaluation of student learning, and enhanced faculty development that meets the unique health care needs of under-served communities in Oklahoma.

## Position Opening

Enid Residency Program  
Director/Medical Director

Announcing an opening for a D.O. physician as Program Director/Medical Director in a rural-track, Family Medicine residency program in Enid, Oklahoma. This is a dual-track Family Medicine residency in conjunction with the existing University of Oklahoma 1+2 residency program. The osteopathic component will also be a 1+2 program with a commitment of two residents in each year group. The combined program will have a total of twelve residents and the combined faculty will teach in both programs.

In addition to teaching and administrative duties associated with the residency program, the Program Director will also assume the role of Medical Director for one of the residency clinics operated by the Northwest Oklahoma Osteopathic Foundation. The successful candidate will be licensed or eligible for licensure in Oklahoma. Other requirements include residency training in Family Medicine and board certification by the American Osteopathic Board of Family Practitioners (AOBFP). The candidate should also have experience with or a desire to practice academic medicine and should feel

(continued on page 2)

## Message from the Chairman

Charles Henley, D.O., MPH

## Community-Based Medical Education at Oklahoma State University



Charles Henley, D.O., M.P.H.

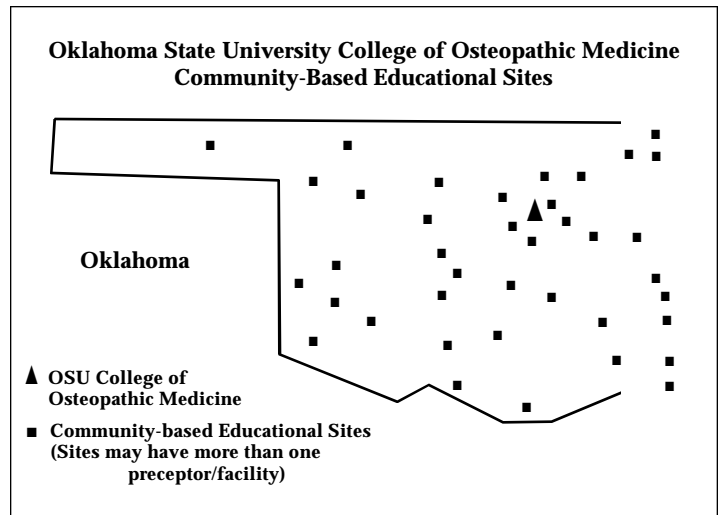
Since its inception as a community-based medical school in 1972, the mission of OSU College of Osteopathic Medicine has been “to provide primary care physicians for the state of Oklahoma.” In this regard, the College is extremely successful, with 64% of its 1,644 graduates going into primary care, primarily Family Medicine. Twenty-nine percent (29%) of our graduates are practicing in rural communities of 10,000 or less.

The College has also realized a very important objective with regard to community-based education in a system of approximately 90 part-time clinical faculty members in over 60 clinics and 22 community hospitals that participate in training across Oklahoma.

After more than 25 years of service, we have learned that community-based medical education is not easy to advance.

Perpetually lower funding levels, the continuous need to identify, recruit and cultivate local preceptors and training facilities, and the necessity of maintaining quality across multiple remote educational experiences, present large challenges. However, the College and the Department of Family Medicine have continued to assume larger roles in Oklahoma community-based medical education, most recently committing their resources to rural health through the new Division of Rural Health.

The Division of Rural Health will better manage student rotations, support faculty, promote research, and build permanent relationships with rural communities in Oklahoma. In this way, the College hopes that the strong ties and good relationships between these students, residents, preceptors and rural communities will showcase the advantages of rural practice and encourage students and residents to make a lifelong commitment to its practice.



## Position Opening

(continued from page 1)

comfortable teaching students, residents, and providing some administration. Experience and competency in office and hospital practice is essential and experience in obstetrics is preferred. This is a full-time, tenure track faculty position with the Oklahoma State University College of Osteopathic Medicine at the faculty rank of Assistant or Associate Professor, depending on experience and qualifications. Benefits include professional liability as well as other OSU faculty benefits. This is an excellent opportunity for an osteopathic physician to participate in a respected residency program and live and work in one of the premier medium-sized cities in Northeastern Oklahoma.

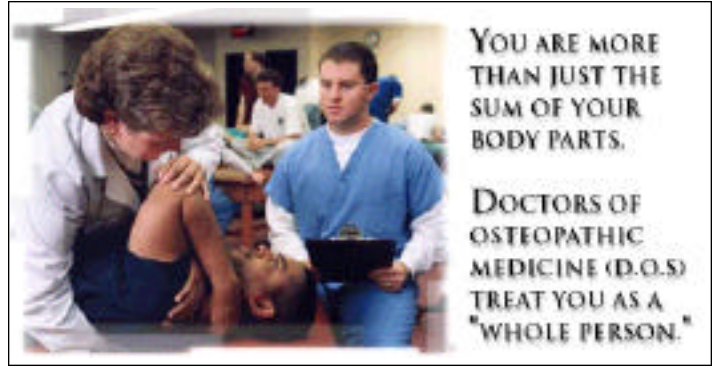
Interested candidates contact:  
Human Resources  
OSU College of Osteopathic Medicine  
1111 W. 17th St.  
Tulsa, Oklahoma 74107  
Call (918) 561-8440 or Fax (918) 561-8212  
<http://osu.com.okstate.edu/index.html>

## From Principles To Practice:

### Teaching OMT Book purchase information

The impact of the musculoskeletal system on health and disease continues to be emphasized in osteopathic education, research and literature. There are numerous, efficient, time-tested methods of manipulation that promote venous and lymphatic drainage, aid circulation, decrease pain and swelling, and improve respiratory function. These simple and quick manipulations should be part of the diagnostic and treatment tools of every osteopathic physician.

In the upcoming faculty development workshop, "Teaching OMT," skilled and well-respected instructors will promote continued clinical teaching of osteopathic techniques in our medical schools, and will also provide preceptors with a "refresher" course on these simple and effective one-minute techniques.



### TEACHING OMT

Faculty Development Workshop (A Track II program in conjunction with the 15th Tulsa Spring CME Fling) The workshop is free; however, you must register for the entire CME conference to receive 1ACME credit

Friday, May 11, 2001 - 1:30pm to 5:30pm - OMT Lab, Room 148  
OSU College of Osteopathic Medicine Main Campus

### AGENDA:

1:30pm	Welcome/Introduction	Kenneth E. Graham, D.O.
1:35pm	Teaching Medical Students OMT in Hospital and Clinic settings (Apreceptor's perspective)	Michael Cooper, D.O.
2:50pm – 5:30pm	"One-Minute Osteopathic Techniques for the Busy Clinician" (Hands-on refresher course)	Kenneth E. Graham, D.O.

Free copy of the workbook by Harriet Shaw, D.O., and Robin Dyer, D.O., provided to each participant

*Registration is limited, so reserve your spot today!*

Register on-line for this workshop:

<http://osu.com.okstate.edu/FamMed/Workshops/workshops.htm>

OR call (918) 599-9405 to register by phone

You can also purchase your copy of the "One Minute Osteopathic Techniques for the Busy Clinician" by calling (918)561-8404 or by sending a check or money order for \$25.00 to SHAW/DYER MANUAL, 3820 E. 51<sup>st</sup> Street, Suite D, Tulsa, OK 74135.

This workbook outlines several online hands-on musculoskeletal techniques, requiring one to two minutes to perform, with wide application to common medical situations. Goals of treatment, examples of clinical uses and variations on each technique are listed. Line drawings are provided as visual reminders. A cross-referenced guide allows practitioners to choose approaches based on various clinical problems. The workbook is not an exhaustive explanation of the techniques or their applications.

Some of the cross-referenced clinical problems include: arm pain, asthma, carpal tunnel syndrome, dysmenorrhea, headache, knee pain, pneumonia, sciatica, sinusitis, and "whiplash" injury.

Material in this workbook is intended for use by osteopathic students who have had instruction in palpatory diagnosis and basic osteopathic treatment, and by physicians who have experience in osteopathic diagnosis and treatment.

The OSU Family Physician newsletter is published by the Department of Family Medicine at the Oklahoma State University College of Osteopathic Medicine. We welcome your ideas for articles and features.

(918) 561-8400

<http://osu.com.okstate.edu/fammed/>

**Executive Editors**

Charles Henley, D.O., M.P.H.  
Professor and Chairman

**Managing Editors**

Joo Hee Kim, MPH  
[Kjoo@osu-com.okstate.edu](mailto:Kjoo@osu-com.okstate.edu)  
Shannon M. Daleiden, Ph.D.  
[Smturne@osu-com.okstate.edu](mailto:Smturne@osu-com.okstate.edu)

**Graphics and Design**

Ellen Stockton  
Carolyn Sparks

**Photography**

Kevin Stephens

**Distribution**

Carol McLoud

## UPCOMING EVENTS...

**FEBRUARY 1-2, 2001**

Society of Teachers of Family Medicine, 27th Annual Predoctoral Education Conference, Long Beach, FL. Register online:  
<http://www.stfm.org/Predoc01/Predoc01toc.html> or call 1-800-274-2237.

**MAY 11-12, 2001**

Fifteenth Tulsa Spring CME Fling, Tulsa, OK. Call Mark Webster at (918) 561-8217, or Janice Giacomo at (918) 584-1469, for registration and additional information.

**TRACK II workshop: "Teaching OMT,"** Faculty Development workshop, Friday, May 11, 2001, 1:30-5:30pm, Tulsa, OK.

**JUNE 8-10, 2001**

Fourth Annual Emergency Medicine Review in the Rural and Suburban Setting, Downtown Doubletree Hotel, Tulsa, OK. Call (918) 584-1469 for registration and additional information.

## CHECK OUT THESE SITES:

[www.guideline.gov/National Guideline Clearinghouse](http://www.guideline.gov/National Guideline Clearinghouse)  
(a great place to find important clinical practice guidelines for various questions)

[www.fda.gov/oca/sthealth.htm](http://www.fda.gov/oca/sthealth.htm)  
Links to state health agencies by United States Food and Drug Administration (USFDA)



OSU College of Osteopathic Medicine  
Department of Family Medicine  
1111 West 17th Street  
Tulsa, Oklahoma 74107-1898

---

First Class Mail  
U.S. Postage  
**PAID**  
Mailed from  
Zip Code 74107  
Permit No. 1636