ABOUT THE EVENT:
The Oklahoma State University College of Osteopathic Medicine Presents the Osteopathic Scrub Run to support Lifeshare Transplant Donor Services of Oklahoma. A 1-mile fun run, a 5K, and 10K runs are ChampionChip timed.

LOCATION AND TIME:
The race will start and finish at the OSU-COM campus at the corner of W. 17th St. and Southwest Blvd. The 5K race will begin at 8:00am, the 10K at 9:15am, and the 1-mile fun run will start at 9:20am. Run one or run all the events! All races are walker friendly.

Free Spaghetti Dinner for all registrants. Donations welcome to support LifeShare. Friday April 4, 2008 6-7:30pm.

PARKING: Take the 23rd St bridge to South Jackson and follow to campus parking lot on right, or take the 11th St bridge to SW Boulevard to campus parking lot on left.

RACE REGISTRATION:
Registration Fees: 1-mile fun run = $10 preregistered or $15 race day. 5K or 10K race = $20 pre-registered or $25 race day. Run both 5k and 10K (1 t-shirt) for $30 pre-registered or $35 race day. Pre-register at Fleet Feet Sports Tulsa beginning March 31, 2008 during normal business hours (Monday, Tuesday, Wednesday, Friday 10am -7pm; Thursday 10am - 8pm). Make checks payable to Osteopathic Scrub Run. Race Day registration begins at 7am inside the OSU-COM campus.

Register online at www.getmeregistered.com for a discount. 1-mile fun run is $7. 5K and 10K races are $17. Run both 5K and 10K races for $27. Online registration packets will not be available for pick-up until April 4, 2008 at Fleet Feet Sports Tulsa.

T-SHIRTS AND AWARDS:
A free short sleeved OSU-COM Osteopathic Scrub Run t-shirt will be provided to each registered runner. Awards for top 3 male and female age group as well as male and female overall for 5K and 10K races.

QUESTIONS: Contact Fleet Feet Sports at 918.492.3338 or via email to javier.cremer@okstate.edu for more information about the event visit www.healthsciences.okstate.edu

2008 Osteopathic Scrub Run – Please print entry information below:

Event: [ ] 1-mile fun run [ ] 5K run [ ] 10K run [ ] 5K & 10K run [ ] Spaghetti Dinner

Name _____________________________ Age on Race Day _______ DOB ____________ Sex ___
Address ___________________________ City ____________ State _______ Zip _________ Phone ____________
ChampionChip # (if you own your own Chip) __ __ __ __ __ __ __ __ Run Tulsa Series Participant? ____________

Email Address _______________________________ T-shirt size (circle one) S M L XL

Waiver: I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I also know that although police protection will be provided there will be a possibility of traffic on course. I assume the risk of running in traffic. I also assume any and all other risks associated with running this event including, but not limited to falls, contact with other participants, the effects of the weather including high heat and/or humidity and the conditions of the roads, all risks being known and appreciated by me. Furthermore, I agree to yield to all emergency vehicles. I am fully aware that baby strollers and wheels of any kind (except competitive wheelchairs), animals and headphones are strictly prohibited and I agree not to have them on the course. Furthermore, I agree not to go back on the course after finishing. Knowing these facts and in consideration of your accepting my entry, I hereby for myself, my heirs, executors, administrators, or anyone else who might claim on my behalf, covenant not to sue, and waive and release and discharge any and all race sponsors, race officials, volunteers, local and state police including any and all of their agents, employees, assigns, or anyone acting for or on the behalf from any and all claims or liability for death, personal injury, or property damage of any kind or nature whatsoever, foreseen and unforeseen, known and unknown. The undersigned further grants permission to sponsors and/or agents authorized by them to use any photos, video tapes, motion pictures, or other record of this event for any purpose. Minors accepted only with parent or guardian’s signature. No refunds. No make up rain date. Lost ChampionChip will be charged to participant. Shirt size not guaranteed.

Signed ___________________________________________________________________ (Waiver must be signed to participate)