



Congratulations!

Dear OSU-COM class of 2013,

Congratulations on being accepted into Oklahoma State University College of Osteopathic Medicine! We are very excited to welcome you to our school. Inside this newsletter you will find some helpful

information and dates. If you are on campus in the next couple of months please stop by the bookstore to get fitted for your white coat. We will host an Admitted Student Day in June. The date has not been determined yet, but we will keep you updated. Please contact us with any questions that you may have.

Sincerely,

OSU-CHS Office of
Student Affairs

Inside this Issue:

<i>Financial Aid</i>	2
<i>Advice from students</i>	
<i>Dates to Remember</i>	3
<i>Laptop Computers</i>	
<i>Getting Around Tulsa</i>	4
<i>Living in Tulsa</i>	5



FROM THE OFFICE OF DANA LIVINGSTON FINANCIAL AID

FAFSA Reminder:

Each year, you must complete the Free Application for Federal Student Aid (FAFSA) or the renewal FAFSA. File your 2009-2010 FAFSA no later than April 1, 2009 to prevent your financial aid from being delayed.

OSU-COM's Title IV School Code is G11282. This code must be listed on the FAFSA section for your information to be sent to the school. Failure to use this code could greatly delay your aid.

We must have the results of your 2009-2010 FAFSA or Renewal FAFSA by April 1, 2009 for you to be considered first-priority for federal campus-based aid. Please visit our website for links to FAFSA and for more information:

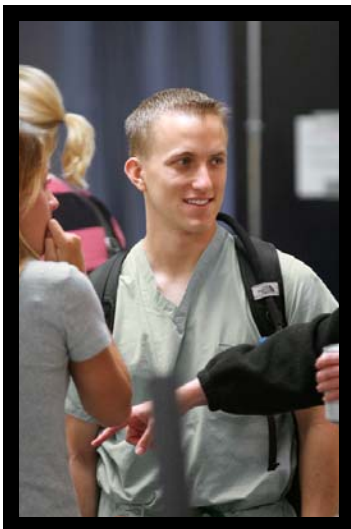
http://www.healthsciences.okstate.edu/student/financialaid/incoming_firstyear.cfm

You can always contact the Office of Student Affairs if you have more questions. (918) 561-8421



“WHAT I WISH I HAD KNOWN....”

ADVICE FROM FIRST— AND SECOND-YEAR STUDENTS



- Every first year will be given a second year “mentor” sometime during the summer. Sometimes your mentors provide you with books so you might want to wait until closer to the school year to buy your text books.
- If you are looking for an apt. I would recommend driving up and down Riverside. There are lots of great places to live.
- Don't be afraid or intimidated to contact current students. They are all so willing to help you.
- Ask first-years for advice on what type of computer to buy. There are lots of different options.



Contact Information:

Please update Sarah Quinten with any new contact information.

Admitted Students also need to have their most current transcripts sent to our office.

sarah.quinten@okstate.edu

(918) 561-8324

Check out the admitted student portion of our website:

<http://www.healthsciences.okstate.edu/student/incoming/index.cfm>

We will be updating it with new information so check back frequently!

DATES TO REMEMBER



April 1: FAFSA Deadline

June: Admitted Student Day (TBA)

August 10-14: Orientation Week (tentative date)

August 15: White Coat Ceremony

August 17: First day of class

If you have any questions about these events please contact Lindsey Kirkpatrick for more information. (918) 561-8468 or lindsey.kirkpatrick@okstate.edu

TABLET COMPUTERS



This year our students started using tablet laptop computers.

The school will provide more information on these computers and which brands they suggest. You can also talk to current first-year students to get suggestions. This is just a heads up so that you don't buy a brand new laptop that doesn't have the capabilities that you will need.

Want to contact a first or second year student? Have questions about books, laptops, where to live, etc?

Ask a Student Ambassador for advice! E-mail them at:

osuambassador@okstate.edu

OSU MEDICINE

- OSU-MED is nationally ranked:
 - 14th in Rural Medicine
 - 30th in Primary Care
- Board Pass Rates have ranged from 94-100% over the past five years. The national average is 89%.



WELCOME TO TULSA!

Food

The Wild Fork

(918) 742-0712 | 1820 Utica Square Tulsa, OK

P.F. Chang's

(918) 747-6555 | 1978 E. 21st St. Tulsa, OK

Sub Station

(918) 592-0314 | 1715 Southwest Blvd Tulsa, OK

Hot Wok

(918) 587-0808 | 1709 Southwest Blvd Tulsa, OK

In the Raw

(918) 744-1300 | 3321 S. Peoria Tulsa, OK

McDonalds

(918) 585-8157 | 2245 Southwest Blvd Tulsa, OK

Lot A Burger

(918) 587-3911 | 1328 W 23 Tulsa, OK

Sonic Drive In

(918) 585-2203 | 1007 W 23rd St Tulsa, OK

The Brook

(918) 742-0970 | 4726 S Peoria Ave Tulsa, OK

Daylight Donuts

(918) 584-7812 | 710 W 23rd St Tulsa, OK

Subway

(918) 592-2782 | 738 W 23rd St Tulsa, OK

Arbys

(918) 446-2050 | 4335 Southwest Blvd Tulsa, OK

Dominos Pizza

(918) 446-4444 | 5108 S 33rd West Ave Tulsa, OK

Tucci's

(918) 582-3456 | 1344 E 15th St Tulsa, OK

Whataburger Restaurants

(918) 582-2419 | 1432 S Peoria Ave Tulsa, OK

New Hong Kong Chinese Restaurant

(918) 585-5328 | 2623 E 11th St Tulsa, OK

Coffee

Cafe Cubana

(918) 584-2233 | 1328 E 15th St Tulsa, OK

Starbucks Coffee

(918) 744-8195 | 1832 Utica Sq Tulsa, OK

Starbucks Coffee

(918) 749-0380 | 3535 S Peoria Ave Tulsa, OK

Shopping

Wal Mart Supercenter

(918) 252-9273 | 6625 S Memorial Dr Tulsa, OK

Wal Mart Neighborhood Market

(918) 749-1607 | 4404 S Peoria Ave Tulsa, OK

Woodland Hills Mall

(918) 250-1449 | 7021 S Memorial Dr Tulsa, OK

Utica Square Shopping Center

(918) 742-5531 | 1437 S Boulder Ave Tulsa, OK

Tulsa Promenade Mall

(918) 627-9282 | 4107 S Yale Ave Tulsa, OK

Auto Care

Oreilly Auto Parts

(918) 446-4547 | 4363 Southwest Blvd Tulsa, OK

Jiffy Lube

(918) 446-6666 | 4806 S Union Ave Tulsa, OK

Pets

Petsmart

(918) 622-6900 | 5418 E 41st St Tulsa, OK

The Dog Dish

(918) 624-2600 | 6502 E 51st St Tulsa, OK

Petco

(918) 660-4997 | 4915 E 41st St Tulsa, OK

Ranch Acres Veterinary Hospital

(918) 747-5970 | 3241 S Harvard Ave Tulsa, OK

Considering how much some of us love our animals, I thought I would mention my experience with Dr. Cody at Ranch Acres Veterinary Hospital. Dr. Cody made me feel comfortable. His office is not full of bells, whistles, and fancy trim on the door, so if that is what you need you might find one of the really fancy/expensive places in town to go to; however, what I liked about him is he is a straight forward old man who has probably seen about everything. Any way the most important part, he saw Daisy on my time...after hours; moreover, there was no after hours/emergency fee and I felt he is reasonably priced.

Child Care:

These are simply in the area, they have not been checked out/recommended by students.

First Christian Church Child Development Center

(918) 582-8237 | 913 S. Boulder

Child Care Resource Center

(918) 834-CARE |

John Knox Child Development Center

(918) 742-7656 | 2929 E. 31st St.

YWCA Early Learning Center

(918) 749-0203 | 1910 S. Lewis Ave.

Recreation

Tulsa Zoo and Living Museum

(918) 669-6600 | 5701 E 36th St N Tulsa, OK

Oklahoma Aquarium

(918) 296-3474 | 300 S Aquarium Dr. Jenks



Movies

Amc Southroads 20 Plex Theatre

(918) 622-9544 | 4923 E 41st St Tulsa, OK

Cinemark- Imax

(918) 250-1482 | 10802 E 71st St Tulsa, OK

Dentists

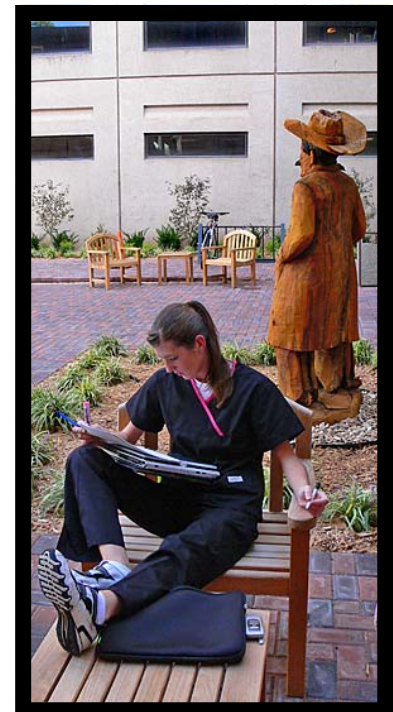
Tricinella Kenneth D

(918) 496-8268 | 6128 E 61st St Tulsa, OK

Schoemann D M

(918) 622-6067 | 9759 E 31st Tulsa, OK

- For other places to go that is close to school:
- Look around Cherry St./15th St., lots of restaurants around there.
- Peoria south of 21st.
- 71st and Memorial is loaded with restaurants and shopping.



STUDENTS LOVE LIVING AT....



We have polled our students as to where they live and what they like/dislike about it, and the area. Listed below is what they had to say! Keep in mind these are only a few suggestions and there are many, many more options available in Tulsa.

- I live at 15th and Harvard and I love it! I pay less for a duplex than most people pay for an apartment. The neighborhood is very Safe and Quiet. It is 7.5 minutes from the school (there is not much traffic at all) and about 3 minutes from Panera Bread on Cherry Street, Cafe Cubana (Quiet, and older, historic atmosphere that is fun in the mornings.) and the Coffee House on Cherry Street (funky art atmosphere organic muffins and the Cafe Mochas are delich) (which are my favorite places to study by the way!) , as well as Kilkenny's and the Gray Snail for those nights after a big exam. All of these places are around 15th and Peoria. If you want convenience, a safe place to live, without the noise and temptation that Brookside has I would recommend living on Historic Cherry Street.
- I live at the Remington Apartment complex at 81st and Memorial. I love it! It is clean, new, with new appliances, the apartments are large and the maintenance staff comes within 30 mins of a call. Oh yeah, the pool is amazing. The only thing that I don't like is that it is 20 mins from school. This complex is in a great area of town and within 5 mins of Supertarget, Woodland Hills Mall and restaurants. I know it's in Union Middle school and High school district, but I don't know the elementary school.
- I live in a house in Broken Arrow with my husband and we live there because we were already living there before school and did not want to move. It is a half hour drive to school, which sounds far compared to all the apts. near by, but it is actually not a bad drive. Plus, it gives me time to unwind and leave my stressful day behind before I get home. The down side is, you don't really have the option of driving home for lunch or dinner or to get anything you forgot; once you go home, you won't drive all the way back. Rumors is an excellent hair salon on main in BA (Cheryl is wonderful) there is even a St Francis hospital there on Elm. There is a great gym at HWY 51 and 169 off Garnett called Platinum Fitness. There are a bunch of grocery stores, depending on where you live. There is great access to the Creek Turnpike in South BA. I enjoy having a house, not an apt. and I enjoy not being able to see school from my porch.
- I live in Sundance and LOVE IT. It is at the convenient corner of 31st and Riverside, close to Brookside and 5 mins away from school. I like to run on the river so that is convenient too. They are a bit older than Westport but well kept and I have not heard of a single criminal act. It is a small complex so I feel safe. For example I know I could yell on one end and be heard on the opposite side easily. Laundry is in the office building. It also has a pool. I go to the Walmart Neighborhood Market for good grocery prices. It is around 41st and Peoria.
- I live at the dreaded Westport. I choose Westport due to the convenience of walking to school everyday. I do like the fact that it is close to Brookside (i.e. restaurants, bars, and Wal-Mart).
- Highland Crossing Apartments is located right off of Hwy. 412 at the 81st St. exit. It is a Tulsa address but is basically in Sand Springs. It is less than a ten minute drive to the school. The apt. complex is two years old so everything is nice and new. There is a Wal-Mart and Walgreens less than two miles away. I like being in the Sand Springs area and not in the middle of Tulsa.
- I have just signed a new lease at Pinehurst Apartments, and they are really nice. They are new, and only 10 minutes from school in Sapulpa. They are kind of in the country, so if that is what you are looking for, check them out. (They are a bit cheaper than Westport too, for more sq. ft.)
- I chose Renaissance Uptown Apartments because I love living 1 mile from school in downtown. The view of the city is amazing! Also, I enjoy going home for lunch and running on the river nearby. It's gated and as a single female in downtown, I feel extremely safe. It's right off of the Broken Arrow Expressway so I can get to anywhere around Tulsa, Broken Arrow, and Jenks in 15-20 minutes. The nearest grocery store is Reasors about 4 minutes away right off of the BA Expressway. The Neighborhood Walmart is 8 minutes away. We have laundry rooms in each apartment, a nice pool, gym, and a 3 story parking garage for covered parking. The complex is really quiet and the management is great too!