Oklahoma State University
College of Osteopathic Medicine
MS-I Orientation Schedule 2016

Monday, August 1, 2016

Attire: Camp Casual (appropriate length shorts, t-shirt)
Items needed: None. Please do not bring valuables/personal items as there will be no place to lock/store these items.

8:00-9:00 am  
**Breakfast and Registration**  
Quiche/Fruit/Coffee/Juice  
Founders Hall

9:00-9:15 am  
**Welcome Class of 2020!**  
Administration  
Founders Hall

9:15-9:30 am  
**Departure to Volunteer Sites**  
Founders Hall

9:30-12:30 pm  
**Dr. Pete’s Big Event!**

12:30-3:00 pm  
**Lunch**  
Presentation by Wellness Center  
Presentation by SOMA  
Welcome BBQ event with Faculty  
Founders Hall

6:30 pm  
**OOA Mentor/Mentee Dinner**  
Renaissance Hotel  
6808 S 107th E Ave, Tulsa, OK 74133
Tuesday, August 2, 2016
Attire: Business attire, Bring White Coat for pictures
(i.e. Men: shirts/tie, slacks. Ladies: dress, pants, blouse)
Items needed: computer/laptop

8:00 – 8:15 am  Continental breakfast
Fruit/Yogurt/Coffee/Juice  D-107

8:15 – 10:00 am  Med School 101
SGA and MSII

10:15 – 11:30 am  Campus Basics
Class Composite photos
ID badge
Lockers
Parking Permits

Wellness Break
Build your own Trail Mix Bar

11:45 – 12:45 pm  Lunch
Sponsored by Tulsa County Medical Society  Founders Hall

Anatomy and OMM Correlation
1:00 - 1:50  Anatomy Group A (bring computer)
OMM Group B  Dunlap
OMM Lab-148

2:00 - 2:50  Anatomy Group B (bring computer)
OMM Group A  Dunlap
OMM Lab-148

3:00 - 3:50pm  Expert Skills Program – Meet your Group  D107
Wednesday, August 3, 2016
Attire: Business attire (i.e. Men: shirts/tie, slacks. Ladies: dress, pants, blouse)
Items needed: none

8:00-8:45 Breakfast
Scrambled Eggs, Bacon, etc. Dunlap

8:45-9:45 Curriculum Overview Dunlap

10:00-10:55 Oklahoma College Assistance Program (OCAP) Dunlap
Ava Doyle, Outreach Specialist, Oklahoma Money Matters
[An operating division of the Oklahoma State Regents for Higher Education]

11:00 – 11:45 Rural Medical Track Dunlap

Lunch on your own – see recommendations list

1:30 – 2:00 pm Stress Management Dunlap

2:00-2:30 Academic Standards Policies and Procedures Dunlap

2:30-2:45 Wellness Break Dunlap
Smoothie bar

2:45-3:15 Albert Schweitzer Fellowship presentation Dunlap

3:15-4:00 Clinical Education Dunlap
Thursday, August 4, 2016
Attire: OSU Scrubs
Items needed: Computer

<table>
<thead>
<tr>
<th>Time</th>
<th>Activity</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>7:45 – 8:15 am</td>
<td>Light Breakfast</td>
<td>Dunlap</td>
</tr>
<tr>
<td></td>
<td>Egg/hash brown casserole/Coffee/Juice</td>
<td></td>
</tr>
<tr>
<td>8:15 – 8:45 am</td>
<td>Learning Resources</td>
<td>Dunlap</td>
</tr>
<tr>
<td>8:45 -10:30 am</td>
<td>Educational Development Session</td>
<td>Dunlap</td>
</tr>
<tr>
<td>10:30 – 11:30</td>
<td>Security</td>
<td>Dunlap</td>
</tr>
<tr>
<td>11:30-11:55</td>
<td>Student Affairs</td>
<td>Dunlap</td>
</tr>
<tr>
<td>12:00 - 1:00 pm</td>
<td>Lunch</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Sponsored by Alumni Affairs</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Founders Hall</td>
<td></td>
</tr>
<tr>
<td>1:15 -2:15</td>
<td>Student Handbook/Title IX</td>
<td>Dunlap</td>
</tr>
<tr>
<td></td>
<td>Creating a Personal Wellness Plan</td>
<td></td>
</tr>
<tr>
<td>2:00-2:45</td>
<td>Wellness Break</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Yogurt/Fruit/Granola Bar from Healthy Community Store, Inc.</td>
<td></td>
</tr>
<tr>
<td>2:45-4:00</td>
<td>Student Success &amp; Professional Development</td>
<td>Dunlap</td>
</tr>
</tbody>
</table>

Friday, August 5, 2016
Attire: Scrubs (any type)
Items needed: None

7:45 – 8:00 am  Continental breakfast  Dunlap
Muffins/Coffee/Tea/Water

White Coat Ceremony Review
8:15 – 12:00  Dunlap

- Basic Life Support
- Safety Training Student Healthcare Clinic Procedures
- The Clinical Skills Experience

White Coat Ceremony
Saturday, August 6, 2016 @ 10:00am
TCC Vantrease Pace Center
Directions and information can be found here: TCC Vantrease Pace Center

Mentor Mixer
12:00 Tuesday August 9th – Founders Hall
MSI Students are invited to meet and mingle with the 2nd year class and meet your mentor!

Schedule subject to change